

Module specification

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Module code	HLT429
Module title	Study Skills and Personal Development
Level	4
Credit value	40
Faculty	SLS
Module Leader	Christopher White
HECoS Code	100473
Cost Code	GAHW

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc(Hons) Public Health and Wellbeing	Core
BSc(Hons) Mental Health and Wellbeing	Core
Dip HE Health and Social Wellbeing	Core

Pre-requisites

None.

Breakdown of module hours

Learning and teaching hours	72 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	72 hrs
Placement / work based learning	0 hrs
Guided independent study	328 hrs
Module duration (total hours)	400 hrs

For office use only	
Initial approval date	6 th December 2021

For office use only	
With effect from date	September 2022
Date and details of revision	
Version number	1

Module aims

This module will enable students to develop key knowledge and skills for learning in Higher Education, including an understanding of core concepts in research. It will support students to develop professional communication skills and behaviours, and to identify goals for personal and academic development based on their current knowledge, skills and attributes.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Identify good quality academic literature and use this in an academic context.
2	Demonstrate core skills in academic writing and referencing.
3	Demonstrate professional communication skills, attitudes and behaviours.
4	Identify current knowledge, skills, attributes, and goals for personal and academic development.
5	Describe and discuss key concepts in research.

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Students will be asked to produce a portfolio of tasks equivalent to 4,000-words to demonstrate their academic and professional skills, including at least two pieces of academic writing and one oral task, such as a TED style talk, a short essay and a reflection.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2, 3, 4, 5	Portfolio	100%

Derogations

None.

Learning and Teaching Strategies

The learning and teaching strategy for this module follows WGU's Active Learning Framework. Students are required to attend 'synchronous' workshops that will include the delivery of module content alongside individual and group discussions and tasks. They are also required to complete 'asynchronous' directed study tasks provided on the Virtual Learning Environment (VLE), such as watching recorded lectures, engaging with discussion forums, and undertaking quizzes, individual and group tasks, key readings and reflective activities.

Indicative Syllabus Outline

- Literature searching
- Academic writing and referencing
- Reading journal articles and using evidence
- Key concepts in research
- Engaging with and using feedback
- Introduction to independent learning
- Identifying personal skills and strengths
- Setting goals for personal and academic development
- Professional attitudes and conduct for university and the workplace
- Interpersonal and communication skills for university and the workplace
- Resilience, boundaries and self-care

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Cottrell, S. (2019), *The Study Skills Handbook*, 5th ed., London, United Kingdom: Macmillan International Higher Education.

Other indicative reading

Brick, J., Wilson, N., Wing, D. and Herke, M., (2019), *Academic Success: A Student's Guide to Studying at University (Macmillan Study Skills)*, London, United Kingdom: Red Globe Press.

McClean, S., Bray, I., Viggiani, N., Bird, E. and Pilkington, P., (2020), *Research Methods for Public Health*, London, United Kingdom: Sage Publications.

Macmillan Publishers Limited, (2021), *The Study Space*, Available from www.thestudyspace.com.

Employability skills – the Glyndŵr Graduate

Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

Core Attributes

Engaged
Creative
Ethical

Key Attitudes

Commitment
Resilience
Confidence
Adaptability

Practical Skillsets

Digital Fluency
Organisation
Emotional Intelligence
Communication